



E-Safety Quick Reference Guide for Parents

- Regularly check which sites your child is visiting on online.
- Look at their browsing history ~ if it has been deleted then there may be something to worry about.
- Look at your child's privacy settings ~ get things locked down as much as you can.
- Don't leave your credit card details on your I-pad for children to 'accidentally' be able to buy add-ons.
- Be aware that with a few clicks on YouTube you can get from a suitable video to a totally unsuitable one ~ an example is 'Thomas the Tank Engine' to 'Thomas the Swear Engine'.
- Talk to your child about images that their friends send them on phones and tablets and the ones they send to their friends.
- If your child sends 'rude' pictures of themselves to friends then legally they are responsible for distributing child pornography and they could be prosecuted.
- Be aware that children may have a social media page such as Facebook for parents to see and another 'real' one that they share with their friends.
- Talk to children about their favourite sites and ask them to show you what they are
- If you are buying a phone for your child tell the provider that it is for a child so that they put the appropriate settings on the account ~ don't give your child your old phone as the settings with the provider are for an adult.
- Facebook requires everyone to be at least **13 years old** before they can create an account (in some jurisdictions, this age limit may be higher). Creating an account with false information is a violation of Facebook terms and conditions. This includes accounts registered on the behalf of someone under 13.
- If your child does have a social media account such as Facebook make sure that they haven't said they are over 18 as inappropriate adverts etc. will be sent to them/appear on their page.
- Talk to children about how they would behave in 'real-life' ~ internet behaviour should be the same e.g. respect for others, not sharing photos and personal information with people you don't really know.
- Talk to children about what a 'friend' is.
- Employers and further education establishments now routinely Google candidates ~ children need to be aware that they are leaving a digital footprint/digital tattoo with everything they put online ~ this could affect their future.
- Google your child's name/photos of them regularly to see what is out there..... There are websites where you can upload and search for specific photos.